

The Book of Joy Bible Study Reading Overview

Yvonne Sening and Harmonie Taddeo

Page numbers based on the Large Print Random House version of the book

September 11

Prior to class, read:
Intro – page 36

October 23

Prior to class, read:
Day 4+5 The Eight Pillars of Joy
Perspective and Humility
Page 281-311

September 18

Prior to class, read:
Day 1 Nature of True Joy
Page 39-113

October 30

Prior to class, read:
Day 4+5 The Eight Pillars of Joy
Humor and Acceptance
Page 313-333

September 25

Prior to class, read:
Day 2+3 Obstacles to Joy
Page 117 - 156

November 6

Prior to class, read:
Day 4+5 The Eight Pillars of Joy
Forgiveness and Gratitude
Page 335-366

October 2

Prior to class, read:
Day 2+3 Obstacles to Joy
Page 157-191

November 13

Prior to class, read:
Day 4+5 The Eight Pillars of Joy
Compassion and Generosity
Page 367-407

October 9

Prior to class, read:
Day 2+3 Obstacles to Joy
Page 193-246

November 20

Prior to class, read:
Celebration and Departure
Page 409-453

October 16

Prior to class, read:
Meditation
Page 249-276

November 27

Final Discussion